

# SILSILA NAQSHBANDIA OWAISIAH

## Conditions for Muraqbat

**Lata'if, Muraqbat ath Thalathah ((Ahdiyath, Maeiyath, Aqrabiyath), Sair e Kaabah, Roza e Athar, Masjid e Nabvi, Roohani Bai't (spiritual oath of allegiance to the Prophet-saaws), Fana Baqa, Salik al Majzooobi and Arshi Manazil**

*Note: These conditions are generic and all progress upon this path depends upon individual capability. Some people become capable early on with Allah's (SWT) mercy and some may take more than the anticipated time. The responsibility to keep in view the individual's ability lies with the teacher entrusted with instructing or teaching the lesson.*

**1) Latifah e Qalb holds a significant importance and this must be explained to the seeker/disciple. Progress to next stages must not be rushed unless the individual is ready for it.**

**2) A clear understanding of current lesson must be evaluated before promoting an individual to the next level.**

### 1) LATA'IF:

1. Everybody who accepts the Dawah or invitation to do Zikr must be taught how to do Latifah e Qalb.
2. If any individual is regularly doing Zikr, then he/she must be taught all seven Lata'if with a break of one month between each stage or Latifah.
3. Once an individual starts doing Zikr on Lata'if regularly then he should be provided guidance on true Aqeedah or Belief and on improving his practice of Islam.
4. The individual must be presented to his Eminence, Hazrat Sheikh Al Mukarram (mza).
5. The principles of Ghusl/mandatory shower, ablution and Salah must be taught and the individual must be encouraged to become punctual in the five mandatory Salah every day.

### 2) FIRST 3 MARAQBAT (Maraqbat e Thalathah):

1. i) After the physical oath of allegiance, seven Lata'if must be concluded before progressing onto the first three Maraqbat. In case a seeker is unable to manage all three Maraqbat at the same time, he or she, should be taught each Maraqbah one at a time with at least two months' gap in between each Maraqbah. A minimum of one year should be spent perfecting the Maraqbat e Thalathah.
2. For those ladies who seek Tasawwuf, Sahib e Majaz can conduct the lessons only up to the stage of Maraqbat e Thalathah, after which further lessons are given by Sheikh Al Mukarram (mza) Himself.
3. Every member of the illustrious order at this stage must subscribe to and read monthly "Al Murshad" magazine.
4. Every member should read the book 'Kanooz e Dil' to understand the feelings associated with these Maraqbat.

5. All members should be instructed to pray Tahajjud Salah regularly along with the five mandatory Salah, to recite the Holy Quran and offer the Durood Shareef in abundance
6. Each member should start Dawah or propagation of Islam and Zikr e Qalbi Khaffi in accordance with the methodology of blessed order.
7. All members should improve their attendance in local and monthly Dar Ul Irfan programs.
8. All members should know the principles of Ghusl/mandatory shower, ablution and Salah. 'Taleem Ul Islam' written by Mufti Kifayat Ullah should be recommended to understand the above mentioned principles and rules.

### 3) SAIR E KAABAH:

1. When all three Maraqbat have been established and strengthened along with the physical religious practices, then the Maraqbah of Sair e Kaabah should be taught. Tawaf, Sair e Salah, Sair e Quran, and making dua at the Multazim (Kaabah's door) are part of this Maraqbah. Continuous efforts and hard work should be invested in establishing and strengthening this Maraqbah for at least six months to a year.
2. Punctuality in praying Tahajjud and abundance of Durood Shareef is compulsory for the seekers at this stage.
3. Punctuality in attending monthly gathering at Dar Ul Irfan is compulsory for the seekers, as is making conscious efforts for Dawah.
4. The seeker should read the book "Kanooz e Dil" to understand the feelings associated with these Maraqbat.
5. The seekers who are gentlemen should be encouraged to maintain a beard.
6. All seekers at this stage must be at the best of conduct (Khalq) with others and while dealing with the public.

### 4) ROZA E ATHAR AND MASJID E NABVI(saaws)

These are two aspects of the same Maraqbah. When the seeker is taught about Roza e Athar, he/she gets the capability to do Masjid e Nabvi automatically so both of these Maraqbat should be taught together. Continuous efforts and hard work should be invested in establishing and strengthening these Maraqbat for at least two year. The rules to follow are;

1. The gentlemen seekers' beard must be according to Sunnah.
2. The seeker must revive the Sunnahs of Prophet Muhammad-saaws in daily life.
3. The seeker must say an abundance of Durood Shareef.
4. The seeker is recommended to study the biography of Prophet Muhammad-saaws .Following books are recommended;

Moulana Ashraf Ali Thanvi (RHA)'s Nashr al Tayyab fi Zikr al Habib ( saaws)

Moulana Manazar Ehsan Gilani (RHA)'s Al Nabi al Khatum (saaws)

5. Thorough study of the following books is advised;

Israr ul Harmain by Qasim e Fayuzat, Hazrat Ameer Muhammad Akram Awan (rua)

---

Kanooz e Dil by Qasim e Fayuzat, Hazrat Ameer Muhammad Akram Awan (rua)

□ Diyar e Habib Mein Chund Roz by Qulzam e Fayuzat, Hazrat Moulana Allah Yar Khan (rua)

□ Khudaya ai Karam bar ad Garkan by Hafiz Abdul Razzaq (rua)

6. Seekers are encouraged to lead Jamaa' ( congregational prayer).
7. Effort for Dawah is compulsory.
8. Seekers must be encouraged to lead Namaz e Janazah (funeral prayers).
9. Seekers must be able to explain the method of Zikr and do Dawah in light of the Holy Quran and Sunnah with reference to Quranic Verses and Hadith. Recommended pamphlet for this is 'Zikr Allah in light of Quran and Hadith'.

#### 5) ROOHANI BAI'IT (SPIRITUAL OATH OF ALLEGIANCE):

Sheikh al Mukarram-mza himself, presents the deserving seekers for the spiritual oath of allegiance in the illustrious Court of Prophet Muhammad-saaws . At least two years must have elapsed since Maraqbah of Masjid e Nabvi (saaws) was taught before presenting any individual for Roohani Bai'it and at least one year of training is required after the Roohani Bait is conferred.

1. The individual holding the honour of Roohani Bait must recite the Holy Quran on daily basis.
2. Such a seeker must regularly read the Tafaseer (commentaries on the Holy Quran), Israr al Tanzeel & Akram al Tafaseer.
3. He or she must do Dawah while also being punctual in daily Zikr, and should lead Zikr gatherings.
4. Such a seeker should be able to lead mandatory and Janazah Salah congregations.
5. He or she must perform Tahajjud regularly.
6. The seeker should be fully conversant with the principles of Salah, ablution, Ghusl/mandatory shower and purification (according to Shari'ah law).
7. The seeker should recite Durood Shareef in abundance.
8. The seeker should be a subscriber of the Al Murshad magazine.
9. He or she should have completed the 'Hasht Rozah' (eight days) training course. Religious scholars and those individuals who have done master's degree in Islamiyat are exempt.
10. The seeker must participate regularly in local, monthly and Eiteqaf ijtema'at/gatherings.
11. The seeker must have read Kanooz e Dil.
12. Day to day dealings, conduct, business and employment of the seeker must be in accordance with the principles laid by Islamic law.
13. The seeker must carry out necessary expenses from his or her,own pocket for the propagation of Deen and Silsila Aaliyah.
14. The seeker must read Silsila Aaliyah's books himself/herself and also distribute them to others.

#### 6) FANA BAQA:

The Maraqbat of Circles of Love and Maraqbah of Ism e Zahir o Baatin can be taught after first three Maraqbat and the Maraqbah of Sair e Kaabah can be taught without these. Otherwise, the Maraqbah of Fana Baqa is taught after Roohani Bai'it.

1. The Maraqbah of Fana Baqa must be taught at least a year after achieving the Roohani Bai'it and at least two years must be spent to establish and strengthen this Maraqbah.
2. Respect of human rights and character building must be observed during this period and the Maraqbah of Sajdah e Aboodiyat (prostration of submission) should also be

taught before teaching this Maraqbah.

3. Must read the following books in order to understand the meanings and associated feelings of the above mentioned Maraqbat;
  - Kanooz e Dil
  - Ramooz e Dil
  - Tasawwuf aur Tameer e Seerat

#### 7) SAALIK AL MAJZOABI (SEEKER OF ABSTRACTION):

This Maraqbah is taught by Sheikh Al Mukarram-mza himself. Its associated conditions are listed below;

1. The seeker must have worked hard on all Marraqbat after Roohani Bait for at least 2 years.
2. The seeker must have completed the three week training course.
3. The seeker must have read Kanooz e Dil.
4. The seeker must have fulfilled all the conditions required for Lataif through to Fana Baqa.

#### 8) ARSHI MANAZIL (THE STAGES OF ARSH):

These stages are also taught by Sheikh Al Mukarram-mza himself. Their associated conditions are listed below;

1. The seeker must have fulfilled all the conditions from Lataif through to Saalik Al Majzoobi.
2. A period of two years must have elapsed after the Maraqbah of Saalik Al Majzoobi.
3. The seeker must have completed the five week training course.
4. The seeker must have read Kanooz e Dil.

.....THE END.....